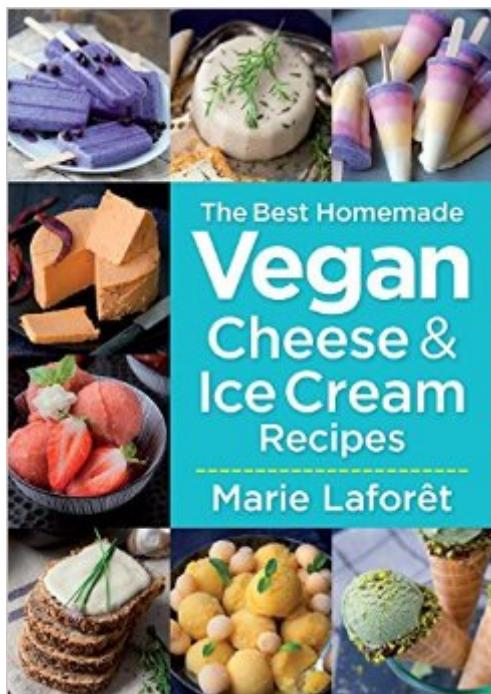


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The Best Homemade Vegan Cheese And Ice Cream Recipes



Synopsis

If you're vegan or simply looking to go dairy-free, enjoying the creamy simple pleasure of a cone or dish of ice cream can be a challenge -- not to mention longing for the stretch and ooey, gooey goodness of cheese. These completely vegan but completely delicious recipes will have you enjoying some luscious cheese and ice cream with a minimum of effort but a lot of flavor. All the recipes contain natural and organic ingredients, making them healthy and surprisingly easy to prepare. With just some organization and preparation, you'll be creating sorbets, ice cream, ice pops and frozen desserts along with flavorful artisanal cheeses in the warmth and comfort of your kitchen. You'll create interesting textures and flavors that come very close to dairy-based cheeses and ice cream and are so delicious that you won't even miss milk. Great classic cheese recipes like Cashew-Soy Ricotta, Vegan Parmesan and Spicy Gouda are interpreted vegan style, and there are also fermented and homemade cheese specialities like Cheese with Figs and Walnuts or Vegan Fondu with White Wine. Sorbets and ice cream recipes include Coconut-Mint Stracciatella, Mango-Melon Sorbet with Lemon Zest, Pistachio Ice Cream, Cucumber-Mojito Paletas, Smoothie Ice Pops, Apple-Cinnamon Granita, Ice Cream Sandwiches and Chocolate Praline Cones. Full color throughout, with over 60 photos plus easy-to-follow instructions and techniques makes this the perfect cookbook for established vegans or for someone who is simply looking to embrace a dairy-free lifestyle.

Book Information

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Customer Reviews

The color, inventiveness and sheer fun of the recipes presented by Marie Laforet will have the reader rethinking buying store-bought cheese or ice creams ever again! Most of the recipes require only 5-6 ingredients, which can be obtained at natural food stores. Why settle for store-bought sorbet when you can whip up your own Tomato, Strawberry and Basil Sorbet. And those tubs of hummus in the grocery store refrigerator case pale in comparison to Hummus Cheese Dip created using cashew butter and garlic! One of our favorite frozen offerings in this volume is the Orange Blossom and Pistachio Mysteries, inspired by classic Middle Eastern pastries. This book is a treat for the eyes, as well as the stomach.

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